

Thrive: Finding the Life You Were Made For

How to Help a Mother Thrive

Exodus 20:12

Pastor Jon Warren

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_____ your father and mother. Then you will live a long, full life in the land the Lord your God is giving you. *Exodus 20:12 (NLT)*

How do we help a mother thrive?

3 essentials: _____, _____,

T – _____ her.

H – _____ her.

R – _____ her.

I – _____ her.

V – _____ her.

E – _____ her.

A challenge to all mothers:

1. Be a woman of _____.
2. Be a mother that's _____.